Where Does It Fit?

Sort diagnoses by their DSM-5-TR chapter.

P.6.4 "Discuss major categories of maladaptive behavior and distinguish which disorders (mood, anxiety, obsessive compulsive, schizophrenia, depressive..."

NAME _____ DATE _____

ANXIETY DISORDERS

This DSM-5-TR chapter includes disorders centered on fear or anxiety. Avoiding a feared situation may be part of the condition.

Agoraphobia

OBSESSIVE-COMPULSIVE AND RELATED DISORDERS

This is a separate DSM-5-TR chapter. Its disorders may involve unwanted thoughts, repeated actions, or both.

Trichotillomania

1 SORT

8 items

Circle ANXIETY or RELATED for each diagnosis; then choose two items, one from each category, and explain how you knew where each belongs.

1.	Generalized anxiety disorder	ANXIETY	RELATED
2.	Obsessive-compulsive disorder	ANXIETY	RELATED
3.	Body dysmorphic disorder	ANXIETY	RELATED
4.	Panic disorder	ANXIETY	RELATED
5.	Social anxiety disorder	ANXIETY	RELATED
6.	Excoriation (skin-picking) disorder	ANXIETY	RELATED
7.	Specific phobia	ANXIETY	RELATED
8.	Separation anxiety disorder	ANXIETY	RELATED

2 PROVE IT

Explain your thinking

Pick two items from Part 1. For each one, tell how you knew where it belonged.

ITEM # _____ **HOW I KNEW** _____

ITEM # _____ **HOW I KNEW** _____

3 MAKE YOUR OWN

One of each

Write one new diagnosis in each category. Do not use a diagnosis from the rule box or the sort.

ANXIETY _____

RELATED _____

CHALLENGE

A classmate says any disorder that involves anxiety belongs in Anxiety Disorders. Use one diagnosis from the sort to explain why that rule does not always work.

Where Does It Fit?

PART 1 · SORT

#	ITEM	CATEGORY	WHY
1	Generalized anxiety disorder	**ANXIETY**	DSM-5-TR lists it under Anxiety Disorders.
2	Obsessive-compulsive disorder	**RELATED**	DSM-5-TR lists it under Obsessive-Compulsive and Related Disorders.
3	Body dysmorphic disorder	**RELATED**	DSM-5-TR lists it under Obsessive-Compulsive and Related Disorders.
4	Panic disorder	**ANXIETY**	DSM-5-TR lists it under Anxiety Disorders.
5	Social anxiety disorder	**ANXIETY**	DSM-5-TR lists it under Anxiety Disorders.
6	Excoriation (skin-picking) disorder	**RELATED**	DSM-5-TR lists it under Obsessive-Compulsive and Related Disorders.
7	Specific phobia	**ANXIETY**	DSM-5-TR lists it under Anxiety Disorders.
8	Separation anxiety disorder	**ANXIETY**	DSM-5-TR lists it under Anxiety Disorders.

PART 2 · PROVE IT

Accept any explanation that names the deciding feature from the rule box for the chosen item.

PART 3 · MAKE YOUR OWN (SAMPLE ANSWERS)

- **ANXIETY**: Selective mutism
- **RELATED**: Hoarding disorder

Challenge: Obsessive-compulsive disorder can involve anxiety, but the DSM-5-TR places it under Obsessive-Compulsive and Related Disorders. One symptom does not determine a diagnosis's chapter.

For Part 2, accept explanations that correctly identify each chosen diagnosis's DSM-5-TR chapter. Anxiety can occur in disorders outside the Anxiety Disorders chapter.